

## Wellington-Napoleon R-IX School February 2023

## Breakfast & Lunch Menus



August 1 / State S		Breaklast & Lunch Ment	13	
Monday	Tuesday	Wednesday	Thursday	Friday
30	31	1	2	3
French Toast, Milk, Juice	Colby Omelet, Milk, Juice	Sausage Egg Biscuit, Milk, Juice	Breakfast Pizza, Milk, Juice	Biscuits & Gravy, Milk, Juice
Chicken Alfredo	Chicken Patty	Pepperoni Pizza	Crispito	Sloppy Joe
Garden Salad	Mashed Potatoes	Green Beans	Corn	Baked Beans
Bread Stick	Roll	Fruit	Fruit	Fruit
Fruit	Fruit	1% white milk or fat free choc. milk	1% white milk or fat free choc. milk	1% white milk or fat free choc. milk
1% white milk or fat free choc. milk	1% white milk or fat free choc. milk			
6	7	8	9	10
	French Toast Tornado, Milk, Juice		Scrambled Eggs, Milk, Juice	
Egg & Cheese Biscuit, Milk, Juice	Chicken Noodle Soup	Burrito, Milk, Juice	Spaghetti	Biscuits & Gravy, Milk, Juice
Pulled Pork	Salad	Beef Burrito	Broccoli	Chili Pie
Baked Beans	Gold Fish	Chips W/ Salsa	Bread Stick	Corn
Fruit	Fruit	Fruit	Fruit	Fruit
1% white milk or fat free choc. milk	1% white milk or fat free choc. milk	1% white milk or fat free choc. milk	1% white milk or fat free choc. milk	1% white milk or fat free choc. milk
13	14	15	16	17
Waffles, Mile, Juice Cheeseburger French Fries Fruit 1% white milk or fat nee choc. milk	Egg & Cheese Biscuit, Milk, Juice Chicken Nachos Black Beans Fruit 1% white milk or fat free choc. milk	Pancakes, Milk, Juice Soft Taco Rice Fruit 1% white milk or fat free choc. milk	Biscuits & Gravy, Milk, Juice Chicken Nuggets Broccoli Fruit 1% white milk or fat free choc. milk	No School
20	21	22	23	24
No School	Pancake on a Stick, Milk, Juice Corndog Broccoli Fruit 1% white milk or fat free choc. milk	Sausage Egg Biscuit, Milk, Juice Chicken Fajitas Rice Fruit 1% white milk or fat free choc. milk	Egg Omelet, Milk, Juice Chicken Quesadilla Black Beans Fruit 1% white milk or fat free choc. milk	Biscuits & Gravy, Milk, Juice Grilled Cheese Pasta Salad Fruit 1% white milk or fat free choc. milk
27	28			
French Toast, Milk, Juice Chicken Sandwich Mac N Cheese Fruit 1% white milk or fat free choc. milk	Sausage Egg Biscuit, Milk, Juice Beef Nachos Black Beans Fruit 1% white milk or fat free choc. milk	*This Institution is an equal opportunity provider.*		*This menu is subject to change on a daily basis!*